

## Ralph Metzner endorses altstates.net - States of Consciousness

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The concept of *states of consciousness*, both ordinary and altered, has been emerging as a useful integrative paradigm for psychological, philosophical and neuroscientific approaches to the study of consciousness. This website makes an important contribution to the international spread of that integrative paradigm.

— **Ralph Metzner**, Ph.D., Professor Emeritus, California Institute of Integral Studies, San Francisco, California, U.S.A.